The True Light School of Hong Kong
Schools are required to upload this Plan on the Use of the Life-wide Learning and Sister School Grant endorsed by their IMCs to the school website for the sake of enhancing transparency and in accordance with the established practices.

by incorporating a See the World co-

132 / S2

curricular extended activity outside

classroom; To hone their public

speaking skills

Second Term

Public Speaking Training Workshops & School-based Contest

ate	gory 1: Details of Activities												
No.	Name and Description of the	Proposed Date	Objective(s) of the Activity	Target & Estimated Number of Participants (Fill in the estimated number of participants of each type; please indicate "0" if a particular type is not involved)				Estimated Expenses	Name(s) of Mainland sister school(s)	Category of the Activity^		Evaluation Method^	
	Activity	Troposcu Bute	Objective(s) of the Activity	Students (Please specify levels and number)	Teachers	School Manage- ment	Others (Please specify target and number)	(\$)	(If sister school exchange activity is involved)	(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	(If "B7 Others" is choser please provide details in the column)
1	Local Activities (including online exc	hanges)											
	Red Cross First Aid Competition	Nov-25	Build preparedness & volunteerism through practical first aid training.	6 / S2 - S5				\$600.00		A3 Community Service		B6 Written report and record	
	Red Cross Nursing Competition	Mar 2026	Demonstrate competencies in decision-making, technical skills, communication, and humanitarian standards.	6 / S2 - S5				\$600.00		A3 Community Service		B6 Written report and record	
	Humanitarian experiential activity: 'Countdown to 20 Years on the Island'	Mar 2026	Explore global/local disaster response and inspire climate awareness.	30 / S1 - S3, S5				\$3,600.00		A1 Values Education		B2 School Meeting and Discussion	
	Girl Guide - Workshop on Making Seaglass Jewelry (Environmental Activity)	19 Nov 2025	To educate the girl guides members about the importance of environmental protection.	50 / S1- S5				\$3,000.00		A1 Values Education		B5 Observation	
	Girl Guide - CCA Moru Expert Class	Dec 2025	to de-stress, encourage mindfulness by twisting and shaping the doll, it can be a rewarding way to unwind.	50 / S1- S5				\$6,950.00				B5 Observation	
	Jazz Classes	29/9/25 - 5/5/26	To develop good physical fitness and cultivate a spirit of teamwork.	20 / S1- S5				\$40,000.00		A4 Physical and Aesthetic Development		B6 Written report and record	
	Dance Theatre Demonstration & Workshop	1st Term & 2nd Term	To see how a literary text can be presented in Dance theatre; To allow students to use dance to present a part in drama showcase.	129 / S1				\$19,600.00		A4 Physical and Aesthetic Development		B7 Others	Drama Showcase Performance
	Junior Prefect Training Camp	04 Oct 2025	to equip the members for their duties and build the morale of the disciplinary team.	30 / S1 - S3				\$6,000.00		A1 Values Education		B2 School Meeting and Discussion	
	STEAM Team - competitions	Nov 2025 to Aug	To let students participating in different competitions related to various STEAM areas	60 / S2 - S5				\$30,000.00		A7 Digital Education, Artificial Intelligence and STEAM Education		B6 Written report and record	
!	STEAM for ALL Workshops	Nov 2025 to Aug	To allow all students to experience STEAM Students explore virus types,	131 / S1 - S5				\$25,000.00		A7 Digital Education, Artificial Intelligence and		B6 Written report and record	
1	Viruses and Evolution (病毒與演化)	07 May 2026	pathogens, and transmission methods, tracing infection sources through experiments.	22 / S1 - S5				\$4,400.00		A2 Intellectual Development		B1 Questionnaire	
5	Astronomy Program - Science Society	12 Feb 2026	Stargazing, telescope visits & a 3D planetarium. Covers constellations, solar system & cosmic wonders.	22 / S1 - S5				\$3,000.00		A2 Intellectual Development		B1 Questionnaire	
5	Visiting the HQ of Electrical & Mechanical Service Dept - Physics	25 Nov 2025	To learn how green designs and green technology in a building.	16 / S6				\$1,200.00		A2 Intellectual Development		B1 Questionnaire	
)	English Debate Team	1/9/2025 - 29/5/2	To cultivate critical thinking skills in our students	20 / S1 - S5				\$20,000.00		A2 Intellectual Development		B6 Written report and record	
)	77th Schools Speech Festival	Sep - Dec 2025	To promote the appreciation, & raise the standard of students in speech, drama, poetry & prose.	60 / S1 - S6				\$9,390.00		A2 Intellectual Development		B6 Written report and record	
1	Poetry in Action	Second Term	To enhance their Literature learning experiences by incorporating a See the World co-curricular extended activity outside classroom.	S1 - S3				\$20,000.00		A2 Intellectual Development		B6 Written report and record	
			To enhance their learning experience										

\$20,000.00

A2 Intellectual

Development

B6 Written report and

record

27	Name and Description of the Activity	Proposed Date	Objective(s) of the Activity	Target & Estimated (Fill in the estimated number indicate "0" if a partic	of participants o	f each type; please	Estimated Expenses (\$)	Name(s) of Mainland sister school(s) (If sister school exchange activity is involved)	Category of the Activity^		Evaluation Method^	
No.		Proposed Date		Students (Please specify levels and number)	School Manage- ment	Others (Please specify target and number)			(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	(If "B7 Others" is chosen, please provide details in this column)
23	21st Century Cup Public Speaking- Application Fee	Second Term	To encourage students to take part in a territory-wide competition	44 / S2, S4			\$9,680.00		A2 Intellectual Development		B6 Written report and record	
24	HKFYG English Public Speaking Contest Application Fee	Second Term	To encourage students to take part in a territory-wide competition	10 / S1 - S5			\$1,000.00		A2 Intellectual Development		B6 Written report and record	
26	Dear Hong Kong Human Library	Second Term	To provide an authentic chance for students to talk to people who are willing to share their stories about their jobs/ interests.	379 / S1 - S3			\$6,000.00		A5 Career-related Experiences		B5 Observation	
27	MUN Advanced Training Sessions for the MUN Team by MUN Team of University of Urtecht (Holland)	Second Term	To raise students' awareness of global issues (SDGs), and have open discussion with a logical mind; To train the MUN Team members to conduct the Forest Forum Course for lorimary students.	20 / S1 - S4			\$7,000.00		A2 Intellectual Development		B5 Observation	
28	Young Journalist Academy	Second Term	To introduce the industry to the students, and to provide job shadowing opportunities; To learn producing an e-journal.	10 / S1 - S3			\$10,000.00		A5 Career-related Experiences		B5 Observation	
29	eMCee Training Workshop	Whole year	To nurture a group of potential students to host school events	10 / S2 - S5			\$5,000.00		A2 Intellectual Development		B5 Observation	
30	S1 LWL Day: shore clean-up and ocean trash survey	26/03/2026	To raise awareness about marine pollution and foster students' of environmental stewardship	40 / S1			\$7,000.00		A1 Values Education		B7 Others	Students' reflection
31	S3 Geography field trip - Tai Po Industrial Estate and Science Park (Transport expenses)	5/3/26 and 6/3/26 (TBC)	To enrich students understanding on manufacturing landscape in HK	119 / S3			\$12,800.00		A2 Intellectual Development		B6 Written report and record	
33	S4 Geography field trip -Bride's Pool and Nam Chung (Transport)	28/02/2026	To investigate fluvial landscape and appreciate the beauty of Nature	50 / S4			\$4,000.00		A2 Intellectual Development		B6 Written report and record	
34	S5-S6 Geography field trip - Tung Ping Chau (Transport expenses)	22/11/2025	To investigate coastal processes & explore unique rock formations.	76 / S5 - S6			\$10,000.00		A2 Intellectual Development		B6 Written report and record	
35	S5 2-day field study course (Caritas Chan Chun Ha Field Studies Centre) (camp site and catering expenses)	13-14 Apr 2026	To enhance students' fieldwork techniques while appreciating the complex interactions in the shore	34 / S5			\$12,580.00		A2 Intellectual Development		B6 Written report and record	
36	S6 Geography field trip - Tai Po Industrial Estate and HK Science Park (Transport expenses)	'25/10/2025	To explore various industrial landscapes while practicing essential fieldwork techniques	42 / S6			\$4,200.00		A2 Intellectual Development		B6 Written report and record	
37	S4 Geography field trip - High Island Reservoir (Transport expenses)	13/12/2025	To investigate various internal processes & explore unique rock formation.	24 / S4			\$3,000.00		A2 Intellectual Development		B7 Others	Students' reflection
38	S2-3 Geography field trip - High Island Reservoir (Transport expenses)	18/04/2026	To investigate various internal processes & explore unique rock formations.	24 / S2 - S3			\$3,000.00		A2 Intellectual Development		B7 Others	Students' reflection
40	Guided tour to Mount Davis 摩星嶺 導賞團 - History Soc	13 Dec 2025	To develop a deeper understanding of Hong Kong's history in the WWII (the Battle of Hong Kong)	30 / S3 - S5			\$6,500.00		A2 Intellectual Development			
41	Salvation Army Urban Renewal Community Service Team – "Heritage in Old Districts" Community Education Program	'17/11/25	To gain a deeper understanding of the old community & to foster cultural inheritance by making traditional sticky rice pudding.	15 / S1 - S3			\$3,000.00		A3 Community Service		B7 Others	Students' reflection
42	S1 Life Wide Learning Day History Team: A Guided Tour	26/03/26	To explore and appreciate the cultural heritage of the Tai Hang neighborhood.	40 / S1			\$5,000.00		A2 Intellectual Development		B7 Others	TBC
43	A Guided Tour to Yuet Wo Sauce Factory 香港老舗記錄冊 x 悅和醬 園	01 Jan 2026	To learn about the natural brewing process, the company's dedication to sustainability, and how Yuet Wo preserved its legacy.	30 / S1 - S5			\$4,800.00		A3 Community Service		B7 Others	Students' reflection
44	Visit "Ancient Egypt Unveiled: Treasures from Egyptian Museums" at HKPM	Second Term	To deepen students' understanding about Egypt's ancient civilisation.	131 or 40 / S1			\$4,000.00		A2 Intellectual Development		B6 Written report and record	

NT-	Name and Description of the	Proposed Date	Objective(a) of the Astivity	Target & Estimated N (Fill in the estimated number of indicate "0" if a particu	participants of	f each type; please	Estimated	Name(s) of Mainland sister school(s)	Category of t	ne Activity^	Evaluation	1 Method^
No.	Activity	Proposed Date	Objective(s) of the Activity	Students (Please specify levels and number)	School Manage- ment	Others (Please specify target and number)	Expenses (\$)	(If sister school exchange activity is involved)	(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	(If "B7 Others" is chosen, please provide details in this column)
45	Athletics Team Coaching Fee	Sep 2025 - June 2026	To provide professional training for student athletes by recruiting two year-round coaches.	40 / S1 - S6			\$120,000.00		A4 Physical and Aesthetic Development		B5 Observation	
46	Badminton Team coach fee	1/9/25-31/8/26	To enhance the performance and team spirit of the sports team	25 / S1 - S6			\$76,380.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
47	Life-saving Team coach fee	1/9/25-31/8/26	To enhance the performance and team spirit of the sports team	35 / S1 - S6			\$12,000.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
48	Archery Team coach fee	1/9/25-31/8/26	To enhance the performance and team spirit of the sports team	20 / S1 - S6			\$23,520.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
49	Table Tennis team coach fee	1/9/25-31/8/26	To enhance the performance and team spirit of the sports team	20 / S1 - S6			\$54,300.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
50	Volleyball Team Coaching Fee	1/9/25-31/8/26	To provide professional training for student athletes To provide professional training for	30 / S1 - S6			\$70,000.00		A4 Physical and Aesthetic Development A4 Physical and Aesthetic		B7 Others	Students' performance
51	Basketball Team Coaching Fee	1/9/25-31/8/26	student athletes To broaden students' horizons and to	30 / S1 - S6			\$70,000.00		Development		B7 Others	Students' performance
52	Sports demonstration: short golf	1/9/25-31/10/25		100 / S5			\$6,600.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
53	S6 LCSD sports demonstration	04/10/2025 - 10/01/2026	To allow students to gain exposure to different sports items	87 / S6			\$4,960.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
54	Student Christian Leaders Training Coaching Fee	'15/8/2025	To train Student Christian Fellowship committee members to become student Christian leaders.	16 / S3 - S5			\$4,800.00		A1 Values Education		B7 Others	Feedback from teachers and students
55	Worship Team Coaching Fee	Aug 2025 - May 2026	To equip students with music skills in playing worship music at school assmebly and Student Christian Fellowship	17 / S2 - S5			\$19,200.00		A1 Values Education		B7 Others	Feedback from teachers and students
56	Worship Dance Team Coaching Fee	Nov 2025 - May 2026	To enhance the performance and team spirit of the Worship dance team	9 / S2 - S5			\$14,400.00		A1 Values Education		B7 Others	Students' performance
57	Boxing x Faith Lunchtime Activity and Assembly Sharing	11/11/2025	To let students explore positive values in Christianity for better physical and spiritual well being	675 / S1 - S6			\$3,800.00		A1 Values Education		B7 Others	Feedback from teachers and students
58	Evangelical Fortnight Concert (Assembly)	19/11/2025	To let students experience positive values in Christianity through music and life story sharing	675 / S1 - S6			\$4,800.00		A1 Values Education			
59	Christmas Carol Gospel Choir Concert (Assembly)	12/12/2025	To let students appreciate and understand Gospel music, nurtuing students' global perspective	675 / S1 - S6			\$4,800.00		A1 Values Education		B5 Observation	
60	Faiththeatre's Life Education Film Sharing (Assembly)	19/1/2026	To let students reflect on life values through film sharing	675 / S1 - S6			\$1,800.00		A1 Values Education		B5 Observation	
61	Talk on Resilience (Assembly)	29/4/2026	To equip students with trial-and-error spirit and embrace failure	600 / S1 - S5			\$3,000.00		A1 Values Education		B5 Observation	
62	Easter Concert (Assembly)	'10/4/2026	To let students experience positive values in Christianity through music and dance	600 / S1 - S5			\$4,800.00		A1 Values Education		B5 Observation	
63	S3 LWL Day: Cultural Exchange with Refugee Friends	26/3/2026	To let students understand the needs of refugees in HK and show empathy and appreciation to them	119 / S3			\$23,800.00		A3 Community Service		B7 Others	Feedback from teachers and students
64	S6 Careers x Faith Sharing by Campus Crusade	Dec 2025 - Jan 2026	To let students understand the ups & downs of university students & how to overcome those struggles with	85 / S6			\$1,600.00		A1 Values Education		B5 Observation	
65	Talk on Worship Dance (Assembly)	29 Apr 2026	To appreciate worship dance & understand the concept of whole-person worship	600 / S1 - S5			\$800.00		A1 Values Education		B5 Observation	
66	Evangelical Fortnight Immersive Experience	4-14/11/2025	To let students experience positive values in Christianity through various forms of media	675 / S1 - S6			\$6,800.00		A1 Values Education		B7 Others	Students' performance

	Name and Description of the			(Fill in the estima	Estimated Noted number of	participants of	f each type; please	Estimated	Name(s) of Mainland sister school(s)	Category of the Activity^		Evaluatio	on Method^
No.	Activity	Proposed Date	Objective(s) of the Activity	Students (Please specify levels and number)	Teachers	School Manage- ment	Others (Please specify target and number)	Expenses (\$)	(If sister school exchange activity is involved)	(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	(If "B7 Others" is chosen, please provide details in this column)
67	S2 Financial Education Workshop	'02/09/2025	To equip students with essential financial literacy skills	132 / S2				\$6,000.00		A5 Career-related Experiences		B7 Others	Students' reflection
70	Cambridge Occupational Analysts	Second Term	For students to do an online test on careers inclination	118 / S3				\$2,200.00		A5 Career-related Experiences		B7 Others	Students' performance
	S4 Life Planning Workshop: Future of Work	15/04/2026	To remind participants of the skills and knowledge crucial for navigating the future of work	115 / S4				\$10,260.00		A5 Career-related Experiences		B7 Others	Students' performance
72	S6 Interview Techniques	09/12/2025	To provide students with essential interview techniques to succeed in university interviews	85 / S6				\$4,500.00		A5 Career-related Experiences		B7 Others	Students' performance
73	S6 Life Planning Workshop: How to Write a CV and Personal Statement	14/11/2025	Teaches students to highlight their academic strengths, skills, and experiences effectively	85 / S6				\$4,500.00		A5 Career-related Experiences		B7 Others	Students' performance
74	S6 Mock Interview	09/01/2026	Develop interview skills and confidence through simulated practice.	85 / S6				\$22,500.00		A5 Career-related Experiences		B7 Others	Students' performance
75	S6 Make-up Demonstration with JLAB Cosmo Ltd.	09/01/2026	To teach students how to apply makeup appropriately for an interview	85 / S6				\$2,500.00		A5 Career-related Experiences		B7 Others	Students' performance
76	Student Careers Team - Personal Development Training Workshops, Work/Job Shadowing Experiences and Company Visits	Whole Year	To provide students with practical, hands-on exposure to various industries and job roles; to challenge oneself, build confidence, try new things, and learn perseverance	80 / S4 - S5				\$12,800.00		A5 Career-related Experiences		B7 Others	Students' performance
78	S3-S6 Career Talk: International Study Opportunities	First Term	To inform students and parents about potential further study opportunities in the Mainland and other countries around the world	413 / S3 - S6				\$5,000.00		A5 Career-related Experiences		B7 Others	Students' performance
79	Hong Kong School Music Festival	1/3/2026 - 1/4/2026	To display students' musical abilities, allowing them to shine and gain recognition for their hard work.	90 / S1 - S5				\$8,000.00		A4 Physical and Aesthetic Development		B6 Written report and record	
80	Joint School Music Competition & World Competition	Apr 25 - Aug 26	To display students' skills, allowing them toshare their musical accomplishments with a wider audience.	80 / S1 - S5				\$6,000.00		A4 Physical and Aesthetic Development		B6 Written report and record	
81	Music Teams Outing Transportation Fee	1/3/26 - 30/5/26	Music teams' transportation expenses for external competitions	80 / S1 - S5				\$4,000.00		A4 Physical and Aesthetic Development		B6 Written report and record	
	Filmmaker Adam Wong: A Director's Journey 黃修平導演座談會	21/11/2025	From Script to Screen: Adam Wong's Filmmaking Masterclass	85 / S6				\$3,000.00		A4 Physical and Aesthetic Development		B2 School Meeting and Discussion	
84	Photography Workshops for school Photography Team	12 lessons during the academic year	To learn different photography skills taught by a professional tutor and practice the skills in school events.	15 / S2 - S5				\$3,900.00		A4 Physical and Aesthetic Development		B1 Questionnaire	
85	S5 ASD Drama appreciation	30-Jan-26	To expand students' horizons	95 / S5				\$9,500.00		A4 Physical and Aesthetic Development		B6 Written report and record	
87	Love overflows	1/1/26-31/8/26	Develop students' social empathy through hands-on service projects.	114 / S4				\$50,000.00		A3 Community Service		B7 Others	Students' performance
88	S1 Picnic (Transport Fee)	5/12/25	To join the Green Bird Program of AY	129 / S1				\$16,000.00		A4 Physical and Aesthetic Development		B5 Observation	
	S4 Picnic (Transport Fee)	05/12/25	Broadening Horizons Through Local Cultural Immersion	123 / S4				\$9,400.00		A4 Physical and Aesthetic Development		B7 Others	Students' reflection
(Pleas	se insert rows above if the space provide	ed is insufficient	.)		Т-4-1	timata 1	moon of it 1 1	#1.044.100.00					
1,2	Non-local Activities				TOISTIES	шпакси схре	enses of item 1.1	\$1,044,120.00					
	STEAM Overseas Tour	Jun-Aug 2026	To offer students by providing relevance to and inspiring passion for STEM through exposure to traditional and modern tram technology	20 / S1 - S3				\$30,000.00		A7 Digital Education, Artificial Intelligence and STEAM Education		B5 Observation	

No	Name and Description of the Activity	Proposed Date	Objective(s) of the Activity	Target & Estimated Number of Participants (Fill in the estimated number of participants of each type; please indicate "0" if a particular type is not involved)			Estimated Expenses	Name(s) of Mainland sister school(s) (If sister school	Category of the Activity^		Evaluation Method^		
NO			Objective(5) of the Activity	Students (Please specify levels and number)	Teachers	School Manage- ment	Others (Please specify target and number)	(\$)	exchange activity is involved)	(Select one or more suitable option(s) from the pull-down list)	(If "A9 Others" is chosen, please provide details in this column)	(Select one or more suitable option(s) from the pull-down list)	
3	New Malaysia Community Integration Service Exchange Program (新馬社 區共融服務交流)	27/6/26-1/7/26	To broaden students' horizon and enhance their understanding of Southeast Asian culture.	25 / S2 - S6				\$50,000.00		A3 Community Service		B7 Others	Students' reflection
4	Athletics Team Overseas Training	29/6/26-2/7/26	To enhance the performance and team spirit of the sports team	40 / S1 - S5				\$50,000.00		A4 Physical and Aesthetic Development		B7 Others	Students' performance
(Plea	(Please insert rows above if the space provided is insufficient.)												
	Total estimated expenses of item 1.2							\$130,000.00			_	_	
	Total estimated expenses (sum of items 1.1 and 1.2)									•	•	•	

Name of Teacher Responsible for Life-wide Learning:	Hui Tuen Yung	Position:	Prinicpal
Name of Teacher Responsible for the Sister School Scheme:	Mr. Yeung Wang On	Position:	Civic Education Officer